



THE AGING HEAD & THE THYROID SYMPOSIUM

Brussels, November 20, 2015

Certificate

of attendance to the Scientific Program

The participant has followed courses on the following topics:

The aging head:

- Reversing aging hair: hormone & nutrient: Total, diffuse, male / female pattern hair loss, hair loss in plaques, hair dryness, hair oiliness, lack of volume, fatsoluble hair creams & gels with estrogen, testosterone for hair loss;
- Reversing the aging face: Hormone & nutrient: Swollen, fatty, hollow faces, wrinkles, sagging cheeks, droopy, swollen eyelids, dark circles, red eyes, lip atrophy, swollen, cracked lips, eczema, acne, scars, pro-aging fatsoluble sex hormone creams and gels, watersoluble IGF-1, growth hormone, melatonin, thyroid hormone gels, peptides to rejuvenate the skin

The thyroid symposium

- Hypothyroidism, the missing diagnosis: Hypothyroidism: signs & symptoms, high frequency of hypothyroidism: the evidence, free thyroid hormones are predictors of increased mortality, intracellular hypothyroidism;
- The best thyroid treatments: The importance of T3; greater efficacy of T3 – T4 combinations, iodine and other nutritional treatments of thyroid dysfunction, vitamin D and selenium to treat autoimmune thyroiditis (Hashimoto's / Graves disease), Hormone Rights International;
- Special therapeutic workshop: Mesotherapy, Light therapy, Cardiohealth, PRP & Oligoscan

Dr Marie-Christine Lhermitte

Board member

International Hormone Society

Delivered to
Thierry Vidal

Dr Thierry Hertoghe

President

International Hormone Society

Scientific coordinator of the Hormone Therapy Specialty