



WOSAAM
WORLD ORGANIZATION OF SEX AGING AND MENOPAUSE

THE AGING FEMALE & MALE

Brussels, November 21, 2015

Certificate

of attendance to the Scientific Program



The participant has followed courses on the following topics:

The aging female:

- Reversing aging in women after age 30: Female sex hormone aging starts age 30-35 or before, female (and male) hormone therapies long before menopause and after menopause, nutritional treatments of PMS, irregular cycles, menorrhagia, breast cysts/cancer, fibroids, cyclical headaches;
- Nutritional and hormone therapies of female hormone disorders: Overcoming difficult female hormone problems, oestrogen treatment of women with breast cancer, oxytocin, the hormone of female orgasm, vitamin D therapies in male and female hormone disorders, its role in female and male fertility and pro-aging

The aging male:

- Reversing aging in men after age 30 (1): High frequency of testosterone deficits in men, testosterone deficiency: symptoms and signs; testosterone deficits: lab tests, interpretation, testosterone therapy of male pattern baldness, testosterone treatment for psychological andropause syndrome;
- Reversing aging in men after age 30 (2): Testosterone treatment of 2,500 patients, testosterone resistance and deficiency behind insulin resistance and diabetes, testosterone doses for lipid and cardiac disorders, use/misuse of aromatase and 5-alpha-reductase inhibitors, testosterone for erectile dysfunction, Peyronie's disease, prostate, hypertrophy, acne, gynecomastia

Dr Marie-Christine Lhermitte

Board member

International Hormone Society

Delivered to

Thierry Vidal

Dr Thierry Hertoghe

President

International Hormone Society

Scientific coordinator of the Hormone Therapy Specialty